



AS FAST AS THEY'RE CUT . . . Doris and Violet Popovich reach for the APRICOT MERINGUE DAINITIES that their mother, Mrs. J. E. Popovich, is putting on the plate. These tasty tidbits traveled to the HERALD office for sampling as this week's favorite recipe, where they were immediately proclaimed a hit among murmurs of "mmmm" and "delicious." "Wonderful for bridge luncheons and family desserts," says Mrs. Popovich, who usually makes a double recipe of the tempting dainties because they last such a short time.

AQUARIANS TO MEET
Dr. Julie Fisher will address members of the Aquarians on "Non-Resistance Indifference" tomorrow evening at 8 o'clock at the Neptunian Club, 920 Highland Ave., Manhattan Beach. The public is invited to hear the director and founder of the Church of the Divine Light speak. There is no admission charge.

Miss Terry Akers Attends National Red Cross Meet

Cutting and pasting souvenirs into a big scrapbook these days is Miss Terry Akers, daughter of Mr. and Mrs. C. R. Akers of 22230 Susanna St., who is reliving her days spent at the National Red Cross Convention earlier this summer.

The Torrance High School student, who will be a junior next year, spent four days representing the Junior Red Cross at the Biltmore Hotel in Los Angeles. She, with other area Junior Red Cross representatives, played hostess to Eastern delegates.

On the convention agenda were discussions in the area of home nursing, how to organize fund campaigns, and water safety. Opening and closing sessions were held in the Shrine auditorium, with a pageant of color guards and nurses featured on one occasion.

Terry found time to show some of the New York Junior Red Cross delegates some of the famous sights of Los Angeles. She especially remembered an evening spent seeing "Picnic" at the Biltmore Bowl. Our Torrance lass also met Eddie Cantor while at convention.

At Torrance High School, Terry has sung in the operetta, the Variety and Junior Talent Shows.

Cunertys Take Cousin To Laguna Festival

Laguna's impressive festival of arts show was enjoyed by Mr. and Mrs. Gerald A. Cunerty of 17039 Elgar Ave., when they visited there with their cousin, Mrs. Leona Cunerty, recently.

The Torrance couple also traveled to Ventura on their week's vacation, from which they returned Thursday. They took their children with them, Patricia, aged 8 and William, 2.

Favorite Recipes

Apricot Meringue Dainties Treat at Popovich Home

(EDITOR'S NOTE: THIS IS THE FIFTH IN A SERIES OF HERALD FAVORITE RECIPES. WE CAN VOUCH FOR THIS WEEK'S CONTRIBUTION. FOR MRS. POPOVICH SENT DOWN A HUGE PLATE OF APRICOT MERINGUE DAINITIES FOR THE HERALD STAFF TO SAMPLE. WE FOUND A CONSENSUS OF OPINION FROM THE BACK SHOP TO THE FRONT DESK, "MMMMM" WAS THE EXPRESSION OF THE HOUR, AND ANOTHER DAINITY WAS QUICKLY SNATCHED FROM THE PLATE. IF YOU HAVE A RECIPE YOU'D LIKE TO SHARE WITH OTHER HERALD READERS, WRITE OR CALL MISS AGNES BOLTER OR MISS BARBARA JACKSON AT THE TORRANCE HERALD, 1619 GRAMERCY AVE., FA 8-4000.)

When visitors gather at the J. E. Popovich residence at 2067 Carson St., gracious Mrs. Popovich serves her APRICOT MERINGUE DAINITIES to make a sure hit with company. Easy to prepare and a delicious refreshment for Christmas callers or bridge parties, this recipe is one you'll be sure to keep as a ready reference for those "special" occasions when company comes calling.

Family differences may arise, however, if you save these tempting dainties just for guests. This recipe can be used as a tasty dessert, or to replenish the cookie jar when it's empty.

At any rate, our recipe contribution is a hit with the Popovich family. All four students in the family can attest to the tasty treats: Violet, who'll be a sophomore at Torrance High School next year; Doris, who will begin her senior year at THS next year; Lody, a sophomore at UCLA where he is a Sigma Pi; and Yovan, who will re-enter Santa Barbara College, University of California, as a senior next year after serving two years overseas.

Mrs. Popovich finds time out from her kitchen and lovely home to be active in Torrance High School PTA. She is also associated with the American Field Service International Scholarship committee, which will sponsor foreign students at Torrance High School next year.

Here is Mrs. Popovich's recipe for APRICOT MERINGUE DAINITIES:

BOTTOM LAYER
Mix together thoroughly: 1/2 cup soft butter or nucoa
1/2 cup of sifted confectioners sugar
3/4 cup egg yolks
1 cup of sifted flour
1 tbsp. fresh grated lemon rind
1 tsp. of fresh lemon juice

Press and flatten dough with rubber scraper or hand to cover bottom of ungreased 8x9 pan. Bake 10 minutes in 350 degree oven. Cool slightly and spread with 1/2 cup of apricot jam, then with meringue topping.

MERINGUE TOPPING
Beat until stiff . . . 2 egg whites
Beat in gradually . . . 1/2 cup sugar
Fold in 1 cup ground walnuts
Return to oven and bake 20 minutes more. Cool slightly and cut into small diamond shapes.

Tonight JUNIOR-SENIOR BOARDS SLATE JOINT MEETING

Executives of the Torrance Junior Woman's Club and their mother organization, the Torrance Woman's Club, will hold a joint meeting tonight at the 1448 Engracia Ave. home of Mrs. Victor D. Benard.

A potluck dinner at 6:30 o'clock will precede the business session. Mrs. George Blahnik, press chairman, revealed.

Last night's meeting of the 23 permanent Junior club chairmen, held at the clubhouse, set the keynote for the year, "living each day trying to accomplish something, not merely to exist."

Called to order by the president, Mrs. C. A. Smith, the session was devoted to explanation of each chairman's duties as well as requirements of the Los Angeles District. CFWC Junior membership. Refreshments of coffee and cake, served by Mrs. Smith and her co-hostess, Mrs. Marvin Brain, rounded out the evening.

The junior president and her third vice-president, Mrs. Robert Mowry, recently attended a chuckwagon dinner at the August Round-up of the CFWC.

PLAN TO ORGANIZE GOLD STAR WIVES

Efforts are being made by Mrs. Elva Chase, 1742 W. 247th Pl., to form a Harbor area chapter of the Gold Star Wives of America, Inc.

All widows of deceased service men are eligible to join, said Mrs. Chase, who is a member of the San Diego chapter of the organization. Eight members are needed to start a chapter.

The organization works to insure benefits for wives and families of deceased service men and also does charitable work for orphaned children, she said.

'Stork Story'

At Torrance Memorial

James Thomas is the name chosen by Mr. and Mrs. Richard J. Benton for their son, who was born Aug. 7 at 8:15 p.m. The 7 lb. 10 oz. arrival has a sister, Joyce, age 4 1/2, and he will live at the Bentons' 4155 W. 182nd St. residence. Grandparents are Mr. and Mrs. Ted L. Craig, formerly of Torrance and Gardena and now of Yucaipa; and Mr. and Mrs. R. F. Benton, formerly of Gardena and now of Mira Loma. Father is a stock clerk for AResearch.

July 24 will be the birthday for the daughter of Mr. and Mrs. Emmett Thompson, Apt. H, 2075 Torrance Blvd. The little miss, named Therry Marie, was born at 12:22 a.m. and tipped the scales at 8 lbs. 9 1/2 oz. Grandparents are Mr. and Mrs. H. H. Moon of 1024 Arlingtone Ave., Mrs. Robertson and Mrs. Thompson, the great-grandmother, of Albuquerque, N. M. Father is a parts man for Oscar Maples.

Mr. and Mrs. Bernard M. Dougan of 1327 Cota Ave. are announcing the arrival of their daughter, Kathleen Anna, who was born Aug. 6 at 10:17 p.m. The new baby has two brothers and one sister, Donna Marie, 6 1/2; Thomas Mike, 5 1/2; and Paul Ed, 3. Father is a welder for General Petroleum.

Dennis Mark arrived Aug. 6 as a playmate for his two brothers when he was born to Mr. and Mrs. Matthew Franich of 1630 Anapola Ave. at 6:17 p.m. Little Russell, 14 months, and Michael, 8, are helping mother take care of the 8 lb. 10 oz. arrival. Father is an engineer for Union Oil Co. Grandparents are Mr. and Mrs. Matthew Franich of El Segundo and Mr. and Mrs. James Smith of San Diego.

A 7 lb. 14 oz. girl was born to Mr. and Mrs. R. K. Marquard of 2616 Martha St. on Aug. 7 at 4:46 p.m. Named Nora Ellen, the new baby has two brothers and two sisters: Timothy, Mark, Karin, and Kristina. Father is an electrician for Douglas Aircraft. Grandparents are Mrs. Nova Marquard of 2616 Martha St. and Mr. and Mrs. W. L. Dickson of South Gate.

Mr. and Mrs. Joseph Murray of 1116 Maple Ave. are announcing the arrival of their daughter, Kathleen Marie, who arrived Aug. 7 at 10:22. Weighing 6 lbs. 15 oz. the new addition to the Murray family has one brother and one sister: Christine Ann, aged 2; and Joseph Frederick, who is 1. Father is self-employed in construction. Grandparents are Mr. and Mrs. Frank Walter of Fairdale and Mr. and Mrs. Fred Murray of Inglewood.

At San Pedro Community

Mr. and Mrs. Rudy Flores of 25645 Allene St., Lomita, are announcing the birth of their first child, a son whom they have named Robert, Baby Flores, who was born Aug. 5 at 8:10 p.m., weighed 5 lbs. 9 1/2 oz. Mother is the daughter of Mrs. Concepcion Suarez of 1219 W. 256th St., Harbor City; father is employed at National Supply Co. Mrs. Victor Flores is the paternal grandmother.

Two-year-old Kathy Boy is greeting a new baby brother, who was born at 10:06 a.m. Aug. 4, tipping the scales at 7 lbs. 5 oz. Parents are Mr. and Mrs. Louis G. Boyd, nee Dorothy Haney, who lives at 1340 W. 255th St., Harbor City. Grandparents are the John J. Haneys of 2026 Lomita Park Pl., Lomita, and the James E. Boyds, father is employed at Hadley Auto Transport.

Margaret Joan is the new daughter of Mr. and Mrs. Lowell R. Spring of 1219 Date Ave. She was born Aug. 5 at 7 p.m. and weighed 6 lbs. She has a 3-year-old brother, Donald Patrick, and her father is owner of the Torrance Hobby Shop.

Creative Family Living

By Dorothy L. Law



COUNSELOR,
LECTURER,
INSTRUCTOR IN
FAMILY
LIFE EDUCATION

Another type of running away from ourselves is expressed through the pattern of the overly-critical person . . . this also is actually a form of avoidance.

HIGHLY CRITICAL PERSON FEARFUL
The highly critical individual usually projects his own fears and doubts upon those about him; in this way he diverts attention from himself and his problems. He is just as afraid of his own feelings as some of the other types we have discussed; the difference lies in the mechanism of projection.

WANT TO CHANGE OTHERS
Most of these people are usually hypersensitive to criticism themselves, which also is a defense or protective measure from facing their own feelings. It is an easy thing for this type of individual, if he is highly aggressive in addition, to be extremely belligerent, eager to have people change or to make changes in them.

The individual with a lower aggressive nature will often develop into the nagging type of criticalness. Neither is conducive to good human relations, of course.

CRITICAL PERSONS NOT LIKED
Critical persons are generally not liked. They often make themselves offensive, then feel rejected when people respond unfavorably to them.

There are generally two types of criticism, one of what we are doing; the other of our ability and attitudes. For example, a person sees ways in which we may be doing a thing that may actually be contributing to the failure of a project, and he points this out, at the same time explaining the better way to do it. Very often it is quite easy for us to accept this type of what we may call constructive criticism.

OTHER CRITICISM REJECTED
There are others, however, who expect for us to change our way without offering us anything in the way of improvement. "Just do it the other way because I think it's better" very often produces resentment on our part, quite naturally, since it is rooted in the desire, we think, to reject our way rather than to help us do it better.

The second type of criticism, that of our own personality and attitudes, is less concrete and even more dependent upon the others' "idea" of what is right or wrong, good or bad. As such, being more abstract, it is perhaps much easier for us to resist, since most of us resent being "changed."

DESTRUCTIVE CRITICISM DAMAGING
Watch the overly critical individual. See if he isn't trying to keep others from seeing his mistakes, his need "to change" by focusing the attention upon them instead. Destructive criticism is that which seems to be pointless, that in which the sole aim seems to be to tear down rather than to build up. In which there is a great amount of ego satisfaction taken in the act of criticizing itself, and especially when the individual offers no better way of improving or handling the situation.

We all need at times to be able to take constructive criticism and we should be able to recognize the difference between this and destructive criticism.

HELP OTHERS TO BE THEMSELVES
Let us not avoid our own problems by projecting them upon others and thereby avoid our own inadequacies. Let's help others to be themselves instead of trying to make them over at every turn. This is so important, especially in family relationships.

Mother Visits H. L. Mitchell

Busy seeing her friends and relatives in the Torrance area is Mrs. Clara Mitchell of Terre Haute, Ind., who traveled from the mid-western state to stay at the home of her son and his wife, Mr. and Mrs. H. L. Mitchell of 1317 Acacia Ave.

The 81-year-old visitor will leave Saturday for home, stopping enroute at Chicago to visit her late brother's wife, Mrs. Julia Piety.

Also home to see his grandmother, as well as his mother and father, is Midshipman Third Class Donald Mitchell, who arrived Sunday morning. The voyager just returned from a summer cruise which included a tour of Spain, Belgium, and France. He will be in Torrance until Sept. 2, when he will again leave for the academy at Annapolis.

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